

## Sir Ellis Kadoorie (S) Primary School

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> 8<sup>th</sup> June, 2021 Notice 101/20-21

To parents and guardians,

Details are as follows:

## Resilience workshop 2020-2021 (For P.3 and P.4 Pupils)

Student resilience and wellbeing are essential for both academic and social development. Your child has been selected to join the "Resilience workshop" organized by The University of Hong Kong. The workshops focus on three aspects for nurturing resilience in young pupils. They are: a) developing a growth mindset, b) recognising and coping with emotions, and c) nurturing adaptive social relationship. Students will learn through arts and crafts, interactive and collaborative games.

P.3 Level: P.4 . 23,28/6 & 5,7,9/7 Dates: 22,25/6 & 2,6,8/7 Venue: Classroom in SEK Time: Within School Hours Tutors: Dr. Jessie Chow & Student tutors from the Faculty of Education, HKU Fees: Free of charge We are sure the workshop will be beneficial to your child, and we are looking forward to seeing your child in this meaningful event. Ms YU Hing-yin Headmistress Reply Slip Notice 101/20-21 Resilience workshop 2020-2021 (Please return this to Ms Chen through the Class Teacher on or before 9/6/2021) Date: To: Headmistress. I, parent of Class\_\_\_\_\_\_Name \_\_\_\_\_(No.\_\_\_\_) have read the School Notice dated 8<sup>th</sup> June 2021 and I fully understand its content. ☐ I wish my child to join the Resilience workshop 2020-2021 ☐ I do not wish my child to join the Resilience workshop 2020-2021. Parent/Guardian's name in BLOCK LETTERS: Parent/Guardian's signature: Parent/Guardian's Telephone Number: Email: ☐ Please tick against your choice.